

# Slip, Trip, and Fall Prevention



**Norfolk State University**  
**Facilities Safety and Risk Management**

# Goal

- This program is designed to help you understand how to prevent slip, trip, and fall accidents within the workplace.
- <https://www.youtube.com/watch?v=8jjHXu4XrzU>  
*2 min-Introduction*
- <https://www.youtube.com/watch?v=2BGIYXuZLZ8>  
*3min-Walk This Way*
- <https://www.youtube.com/watch?v=jXQhVzemLck>  
*Slip and Fall Compilation-Introduction 4min*
- <https://www.youtube.com/watch?v=OYGAal4hgE>  
w *Slip and Fall-Introduction*

# What's the problem ?

- STF's is the #1 leading cause of injury
- STF's represent 20% of all COV claims
- 2006-2010 fiscal years there were 9,876 cases
- Total incurred costs of these claims:  
**\$41,543,173 +**



# Slips

## Slip

-loss of balance caused by too little friction between a person's foot and a walking surface.

### Common Causes:

- Wet or oily surfaces,
- Occasional spills,
- Weather hazards,
- Loose, unanchored rugs or mats, and
- Flooring or other walking surfaces that are worn.



# Trips

## Trip

- hit an object, lose your balance and fall

## Common Causes:

- Obstructed view
- Poor lighting
- Clutter in your way
- Wrinkled carpeting
- Uncovered cables
- Drawers not being closed
- Uneven (steps, thresholds) walking surfaces



# Falls

Fall:

- when you lose your balance & drop to the floor

There are three types of falls:

- Falls on the same level
  - Slip or trip immediately precedes fall to floor or walkway
- Falls to lower level
  - Falls are from platforms, docks, ladders, steps or stairs
- Jumps to lower level
  - An intentional jump from one level to another
  - Employee jumps off ladder, dock, equipment



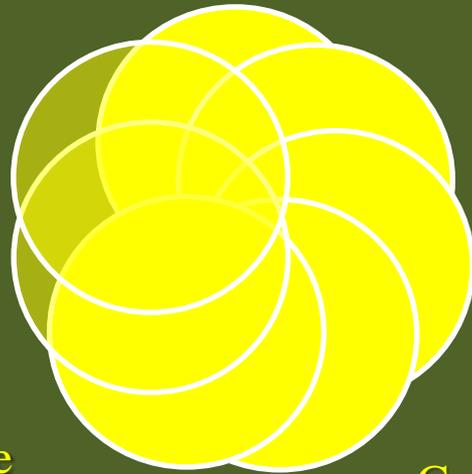
# Slip, Trip and Fall Prevention

Clean up spills immediately

Mark spills and wet areas

Report burned out bulbs

Close file cabinet or storage drawers



Selection of proper footwear

Keep walkways free of clutter

Cover cables that cross walkways

**Don't  
Let  
Safety  
Slip...**



**Or  
Trip...**

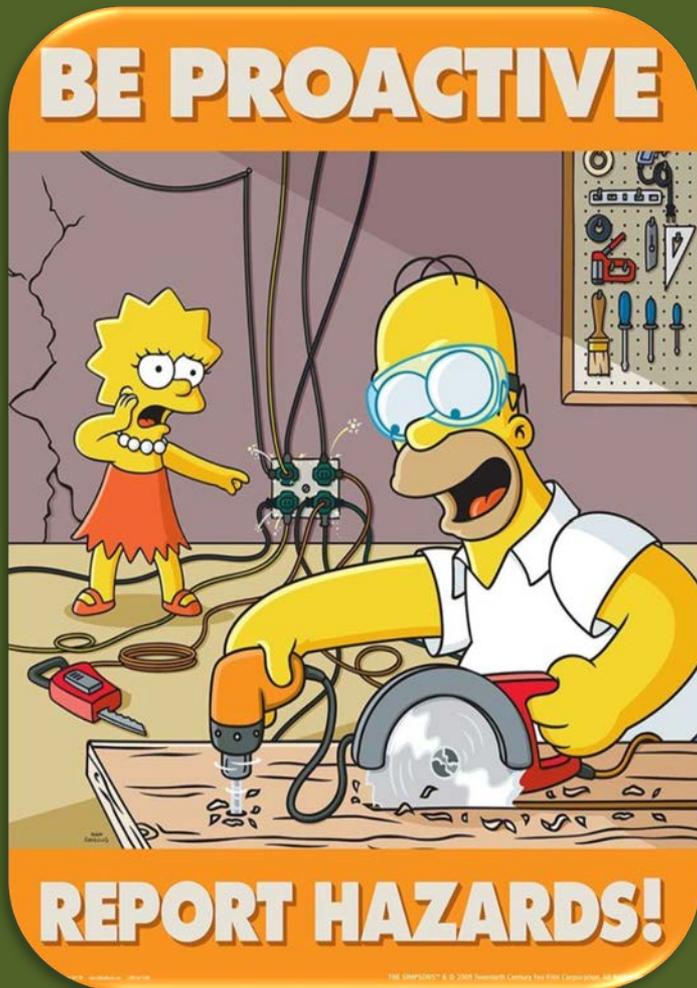


**Or  
Fall...**



# Report Hazards Immediately

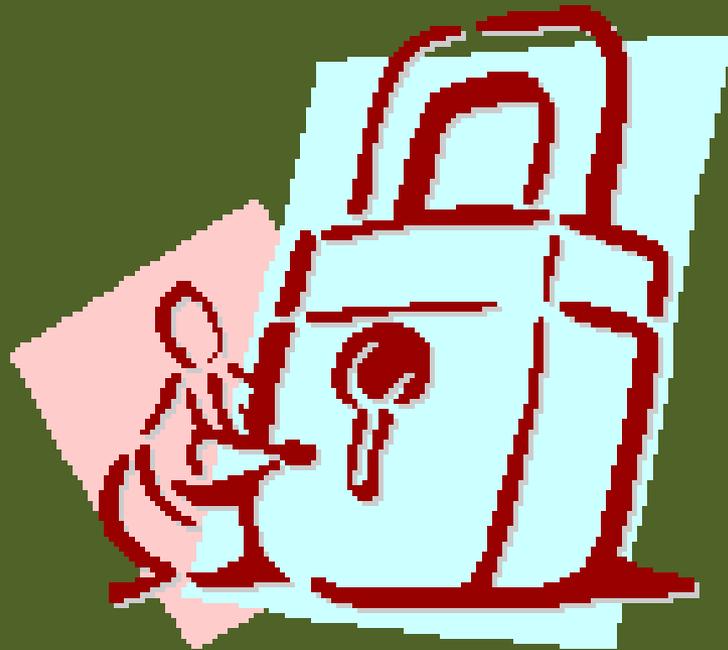
If you cannot fix the hazard yourself:



- Immediately report the hazard
  - Work Orders can be submitted via TMA (NSU intranet) or call 823-8510.
- Alert or warn others in the area
  - Mark the area or stay there until help arrives.
- Hazards not fixed in a timely manner
  - Contact your immediate supervisor.



**Can you identify what is wrong in the following pictures?**

























**THANK YOU, For Your Attention!**

***We Wish You Success in Your  
Career Here At  
Norfolk State University***

***“BEHOLD THE GREEN AND  
GOLD!!!”***